Sharon Dulabaum Lesson Plan

Butterfly Clues

Materials:

Poster board 12x18

Article on OCD( enough copies for each student)

pencils

Markers

Paint

Glue

magazines

This book was appropriate for 7th and 8th graders.

This story was about a character that had Obsessive Compulsive Disorder.

I believe most students have some knowledge of what this disorder means. They may also be dealing with a lot of misconceptions.

The first part of the lesson is to give the students information on what (OCD) Obsessive Compulsive Disorder is.

The class is to read an article about this disorder.

This article covers the definition, understanding OCD Obsessions and compulsions, difference between obsessive thoughts and behavior and some cognitive behavioral therapy.

Now that the students have an understanding of the obsession and have read about a character that deals with this disorder their assignment is to create a poster/college.

The poster must depict what the disorder is. The students may use pictures or words from magazines, draw their own images and do their own lettering. It can tell what the disorder is (using facts from the article) or depict how it would feel to have this disorder.